

## **Get to know your EAP therapists**

Available for UF Faculty and Staff



Three on-campus therapists are available for in-person and telehealth appointments through the University of Florida's Employee Assistance Program (EAP). UF faculty, staff, graduate assistants, non-student OPS employees, housestaff / residents, and post-doc associates as well as their spouses or domestic partners are eligible for EAP services. Appointments can be scheduled via the EAP website or by calling (352) 273-1765.



Massiel Snow, Psy.D.

**Licensed Psychologist** 

Dr. Snow has worked with diverse populations across the lifespan in various psychological and educational settings. Her areas of interest include postpartum depression/anxiety, the grief process, coping with lifespan developmental changes, clinical burnout and related distress, and sleep hygiene issues.



Devin Shorey, M.Ed., Ed.S., LMHC, LMFT

**Licensed Mental Health Counselor** 

Devin has worked in community mental health centers and educational settings, assisting with various mental health and relationship concerns. His areas of interest include depression, anxiety, relationship issues, co-dependency, communication skills, bipolar disorder, grief, PTSD and ADHD.



**Allison Rider, MA** 

**Registered Mental Health Counselor Intern** 

Allison has worked in community counseling and private practice with a wide range of adults facing various mental health concerns. Her areas of interest include depression, anxiety, stress management, relationship issues, the grief process, life transitions, trauma, and self-esteem.

**Schedule an Appointment** 

Visit <a href="https://eap.ufl.edu/">https://eap.ufl.edu/</a>